We claim:

1. A method of fabricating a MOSFET, comprising:

forming a trench in a surface of a semiconductor, the trench defining a mesa; forming a first insulating layer along a wall of the trench;

forming a gate in the trench, the gate being insulated from the semiconductor by the insulating layer;

performing a plurality of implantations of dopant of a first conductivity type into the mesa to form a body region, wherein each of the implantations has a different energy; and implanting dopant of a second conductivity type into the mesa to form a source region.

- 2. The method of claim 1, wherein each of the implantations is performed at a dose that is the same as the dose for another of the implantations.
 - 3. The method of claim 2, wherein the dose of the implantations is about 7·10¹² cm⁻².
- 4. The method of claim 3, wherein the different energies respectively of the implantations comprise 1 MeV, 700 keV, 525 keV, 375 keV, 225 keV and 125 keV.
- 5. The method of claim 1, wherein a first of the implantations is at a first dose, and a second of the implantations is as a second dose, the second dose differing from the first dose.
- 6. The method of claim 1, wherein respective doses and energies of the implantations are such that the implantations in combinations provide a uniform doping for the body region.
- 7. The method of claim 1, further comprising completing the MOSFET without performing a a process to diffuse the dopant of the first conductivity type in the body region, whereby energies of the implantations control a depth of a body-drain junction at an interface between the body region and an underlying portion of the semiconductor.

8. The method of claim 1, wherein forming the trench comprises: forming a hard mask on the semiconductor; and etching the semiconductor through an opening in the hard mask to form the trench.

- 9. The method of claim 8, wherein a maximum implant energy for the implantations causes dopant of the first type to penetrate through the hardmask into the semiconductor to a depth desired for a junction between the body region and a drain region.
- 10. The method of claim 8, wherein forming the gate comprises introducing polysilicon into the trench.
 - 11. The method of claim 10, further comprising:

with the hard mask in place, oxidizing an exposed surface of the polysilicon to form a second oxide layer at the top of the trench, the second oxide layer extending down into the trench;

removing the hard mask; and depositing a metal layer on a surface of the second oxide layer and the surface of the mesa.

12. The method of claim 1, further comprising:

forming a second insulating layer over the mesa;

etching an opening in the second insulating layer; and

depositing a metal layer into the contact opening to form an electrical contact with the source region.